

# Mika Lönnström

UEFA PRO LICENSE – FOOTBALL MANAGEMENT DEGREE



## Coaching Education

2017	UEFA Pro License updating Education courses	Slovak FA (SFZ)
2011	Football Management Degree	Finland FA
2011	UEFA Pro License updating	Education course – Estonia FA
2009	UEFA Study Group Elite	Youth Training – Ireland FA
2005	UEFA Pro License	Finland FA
2000	UEFA A License	Finland FA
1999	Professional Coaching Degree	Finland Athletics Federation
1999	UEFA A License	Wales FA
1998	UEFA B License	Wales FA

“On each occasion he displayed unparalleled professionalism and knowledge of the game both in his interactions with players and fellow coaches. Mika does not hold his knowledge hostage as he is always looking to share as well as learn from others.

“He coaches in a very engaging and motivational way. He is a brilliant tactician and a passionate teacher. Players in the USA were very fond of Mika and very appreciative of his coaching.

“If I were in a position to hire him, I would do it immediately because I know how much better he would make everyone around him.”

JERROD ROH, UNIVERSITY OF ALABAMA SOCCER  
UNITED STATES REGION 3 OLYMPIC DEVELOPMENT  
PROGRAM  
UNITED STATES SOCCER FEDERATION A LICENSE

“When I think of Mika the words passionate, knowledgeable and professional come to mind. What is important is that he is a friend to everyone involved in the game – whether it is a player, coach, fan, or referee. And that is because he loves and respects the game.”

HANK LEUNG, USA, FORMER USA WOMEN'S NATIONAL  
TEAM COACH

## Coaching Career

FEBRUARY 2018 – PRESENT

Director of Sport – HIFK Fotboll, Veikkausliiga, Finland

- 1st (promotion) in 2018, 7th in 2019, 8th in 2020

JANUARY 2017 – FEBRUARY 2018

Head Coach – STK Fluminense Samorin, Doxxbet Liga, Slovakia

- Coach of the Week – Three times (February, April and November)

JANUARY 2016 – JANUARY 2017

Head Coach – Maji Maji FC, Vodacom Premier League, Tanzania

- Coach of the Week – Two times (August)

APRIL 2015 – JULY 2015

Head Coach – Gulf Saraburi FC, Toyota Premier League, Thailand

AUGUST 2014 – MARCH 2015

Head Coach – New Radiant Sports Club, Dhiraagu Dhivehi League

- Maldivian League Champions 2014
- Presidents Cup Champions 2014
- Maldivian Coach of the Year 2014
- Qualification for AFC Cup 2015

APRIL 2014 – JULY 2014

Head Coach – Police United, Toyota Premier League, Thailand

- Coach of the Month – June

FEBRUARY 2014 – APRIL 2014

Assistant Coach – Thailand U16 National Team

MARCH 2013 – APRIL 2014

Head Coach – Roi Et United, Regional League & Yamaha League

- Regional League Champions (Second Division) 2013
- Promotion to Yamaha League (First Division) 2013
- Nomination for Top Five Best Coaches in Thailand 2013

MAY 2012 – MARCH 2013

Head Coach & Academy Director – Roi Et United, Regional League, Thailand

- Regional League Champions 2012
- Runner-up in promotion play-offs

AUGUST 2011 – MARCH 2012

Executive Director & Head of Operations – If Gnistan, Second Division, Finland

2005 – AUGUST 2011

Coaching Manager & Academy Director – MyPa, Veikkausliiga (Premier League), Finland

- 1998-2005 Several clubs & positions in Finland



*"Mikas character raised honour around him wherever he was. He is a hard working and dedicated coach who has the ability to respond to football matters of the club in the big picture."*

SEPPO MIETTINEN,  
FOOTBALL ASSOCIATION OF FINLAND (SPL)

*"Mika is thorough and conscientious and he is the type of person I would want in my team. To me, this showed that Mika wanted to learn and improve himself. He is very active in his line of work and very passionate about what he does. He lives, breathes and loves football."*

URMAS KIRS, ESTONIAN FA

*"When Mika joined Gulf Saraburi I felt the team was more excited to play football and that was very important for us."*

HENRY ENRIQUE DOUMBIA, GULF SARABURI FC

*"Mika is a very respectful person who treats others the way he wants to be treated. He communicates very well with everybody and he able to find the best way to work with the players he has at his disposal."*

CARLOS OLIVEIRA,  
COACH AND ACADEMY DIRECTOR, BRAZIL



**MNM Coaching Group**  
PRO FOOTBALL COACHING SERVICES

# MnM Coaching Services

Our services are always available to you regardless of your location. We offer personalised and customised services with 100% target-month results. All our services come with thorough knowledge and successful experiences from our professionals.

**We offer our services to the following three groups:**

## For Coaching

As a football coach you obviously want to be continuously learning about the game, the understanding of the players and also develop yourself as a professional. Therefore you will be aware of your best qualities but also know the areas where you need to improve.

- We at MnM Coaching believe that "where there's a will, there's a way", and therefore our aim is to help you develop and improve as a coach.
- We offer special training and consultation for coaches such as training camps, workshops and seminars.
- These are all great ways to learn new and innovative approaches to coaching and managing a football team. We also provide assistance to coaches who are searching for a new club or looking to transfer from one club to another.
- Our services will also help you improve your personal network and chances of finding new coaching opportunities.

## For Players

- We know that the world of football can be a very difficult and tough place to build a long and successful career.
- We have seen many players drop out of the game for personal reasons, constantly move from club-to-club on short term contracts or simply struggle to find a new team to play for.
- However, here at MnM Coaching we are ready and able to help those players who are out of contract. We provide assistance to players who are searching for a new club or looking to transfer from one club to another.
- We also offer customised coaching services to those who want it. Our aim is to help players find the right kind of club and environment in order to help them take the next step in their career.
- We have contacts and experience with several clubs all over the world and we would be delighted to help any player requiring assistance.

## For Clubs & Associations

- At MnM Coaching we appreciate and enjoy working in all kinds of environments no matter what country or culture it might be.
- From our experiences we know that regardless of the situation, there are always ways to do things better. But we believe that being open-minded, ready to adapt and being willing to fight for your objectives, will always give you the upper hand.
- For clubs and football associations worldwide, we offer fresh and energetic ways to achieve success. MnM Coaching has connections with football clubs all over the world.
- We are constantly looking for new projects and we provide services ranging from club structuring and organisation to academy establishment and development.

## Let's Start Your Success Story!

Contact us: [office@mnmcoaching.com](mailto:office@mnmcoaching.com) or tel. +358 40 8657959  
Visit our website: [mnmcoaching.com](http://mnmcoaching.com)  
Follow us on Twitter & Facebook: @theMnMCoaching